

DEVELOPMENT FOR RURAL OPPRESSED

PEOPLE SERVICE SOCIETY

DROPSS

ANNAUAL REPORT

2021-2022

DROPSS SOCIETY, 1560/A, THAMARAI VEETHI, VALLUVAR NAGAR, BURMA
COLONY, KARAUKUDI-630001.

SIVAGANGA DISTRICT, TAMILNADU

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INTRODUCTION

DROPSS is a non-profit organisation which is servicing for the development of rural people of Sivagangai district of Tamilnadu since 1999. This association has been functioning successfully for the past several years. We are implementing people welfare services to the society. Let us see our past year's performance at a glance.

DROPSS OLD AGE HOME

As an implementing agency we are running a senior citizens home at karaikudi with the support of Ministry Social Justice and Empowerment Government of India.



HEALTHY FOOD

Elder's food is a factor which decides the health sugar, B.P and symptoms. So oil, sugar, fat, carbohydrate levels are maintained properly in our home.

Idly, Sambar, Chutney, Rice, Sambar, rasam, vegetable, butter milk are the normal food without oil, on sugar chappathi, dhall, milk, ginger, and garlic gravies are good for health. We provide such a kind of food.



ACCOMMODATION

We are giving a well ventilated, sufficient lightened, good accommodation to senior citizen. Every senior has an individual cot with bed and pillow, and we have given iron safe box for every inmate and taking care of their belongings such like dresses, medicine, and their valuable things.



HEALTH CARE



Our Part time doctor takes care of the elders and visits the home frequently and prescribes according to their medical needs, the doctor regularly checks the pressure level and sugar level and maintaining the health condition of the elders. The part time nurse of our home takes care of elder's everyday and maintain their health condition.

YOGA TRAINING

Yoga and pranayama are essential for health maintenance. So, we are giving importance to yoga and pranayama. In every morning our part time yoga trainer provides simple yoga practices, pranayama to elders and improve the health condition of elders. Yoga practices are improving their self-actualization needs and keeping them healthy.

As per the famous psychologist Maslow's theory of needs, we are fulfilling the basic needs, and social needs, esteem needs and giving opportunity to self-actualization of the elders with extreme care.



COUNSELLING

Elders are coming with many needs like physiological needs, safety needs, and many needs. We are counselling them to be free from their worries and keeping them happy. Our experienced counsellor gives good counselling to elders and preparing them to live the remain life meaningfully.



MSJ&E PMU VISITER AT OUR HOME



CONCLUSION

As a non-profit organization we are doing our service to society for the past twenty years with the valuable support from the Central, state governments and our local donors. In this occasion we are thanking everyone who helped us to implement our programmes successfully.