

DEVELOPMENT FOR RURAL OPPRESSED
PEOPLE SERVICE SOCIETY

OLD AGE HOME

AVYAY-MSJ&E, GOVT.OF.INDIA

ANNUAL REPORT

2023-2024

1560/A, THAMARAI VEETHI, VALLUVAR NAGAR,
BURMA COLONY, KARAIKUDI, Sivaganga - DISTRICT.

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DIRECTOR
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ATTESTED
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INTRODUCTION

DROPSS is a non-profit organisation which is servicing for the development of rural people of Sivaganga district of Tamilnadu since 1999. This association has been functioning successfully by past 20 years and implementing people welfare services to the society. Let us see our past year's performance at a glance.

SENIOR CITIZEN HOME

Every year the elder's population increases and the need of elder's care homes also increase. The projections indicate that the number of 60+ in India will increase to 14.3 crore in 2021 and 17.3crore in 2026. Continuous increase in life expectancy means that more people are now living longer. General improvement in the health care facilities over the years is one of the main reasons for continuing increase in proportion of population of senior citizens. Ensuring that they not merely live longer, but lead a secure, dignified and productive life is a major challenge. The traditional norms and values of the Indian society laid stress on showing respect and providing care for the aged. However, in recent times, society is witnessing a gradual but definite decline of the joint family system, as a result of which a large number of parents are being neglected by their families exposing them to lack of emotional, physical and financial support. These older persons are facing a lot of problems in the absence of adequate social security. This clearly reveals that ageing has become a major social challenge and there is a need to provide for the economic and health needs of the elderly and to create a social milieu, which is conducive and sensitive to the emotional needs of the elderly.

AIMS AND OBJECTIVES

The main objective of the Scheme is to improve the quality of life of the Senior Citizens by providing basic amenities like shelter, food, medical care and entertainment opportunities and by encouraging productive and active ageing through providing support for the elders.

DROPSS OLD AGE HOME

As an implementing agency we are running a senior citizens home at 1560/A, Thamarai Veethi, Valluvar Nagar, Burma Colony, Karaikudi, Sivaganga – District and taking care of more than 25 elders for the entire year and giving healthy food, protected shelter, health care, and psychological support for everyone.





PMU VISIT

HEALTHY FOOD

Every day we are providing healthy food for elders according their health condition Meals with vegetables, idly, dosa, chapathi, raki uppuma, tea, coffee, fruits, and light snacks in a routine prefixed plan.



MORNING TIFFEN



READY TO LUNCH



LUNCH TIME



TEA TIME

A snap on evening prayer.



ACCOMMODATION

We are giving a well ventilated, sufficient lightened, good accommodation to senior citizen. Every senior has an individual cot with bed and pillow, and we have given iron safe box for every inmate and taking care of their belongings such like dresses, medicine, and their valuable things.

HEALTH CARE

Our Part time doctor takes care of the elders and visits the home frequently and prescribes according to their medical needs, the doctor regularly checks the pressure level and sugar level and maintaining the health condition of the elders. The part time nurse of our home takes care of elder's everyday and maintain their health condition.



DOCTER VISIT



SUGAR TEST



YOGA TRAINING

Yoga and pranayama are essential for health maintenance. So, we are giving importance to yoga and pranayama. In every morning our part time yoga trainer provides simple yoga practices, pranayama to elders and improve the health condition of elders. Yoga practices are improving their self-actualization needs and keeping them healthy.

As per the famous psychologist Maslow's theory of needs, we are fulfilling the basic needs, and social needs, esteem needs and giving opportunity to self-actualization of the elders with extreme care.



COUNSELLING

Elders are coming with many needs like physiological needs, safety needs, and many needs. We are counseling them to be free from their worries and keeping them happy. Our experienced counselor gives good counseling to elders and preparing them to live the remain life meaningfully.



RECREATION ACTIVITIES



PLAYING



WATCHING TELEVISION

CONCLUSION

As a non-profit organization we are doing our service to society for the past twenty years with the valuable support from the Central, state governments and our local donors. In this occasion we are thanking everyone who helped us to implement our programmes successfully.

P. Mahendran
**DIRECTOR
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